

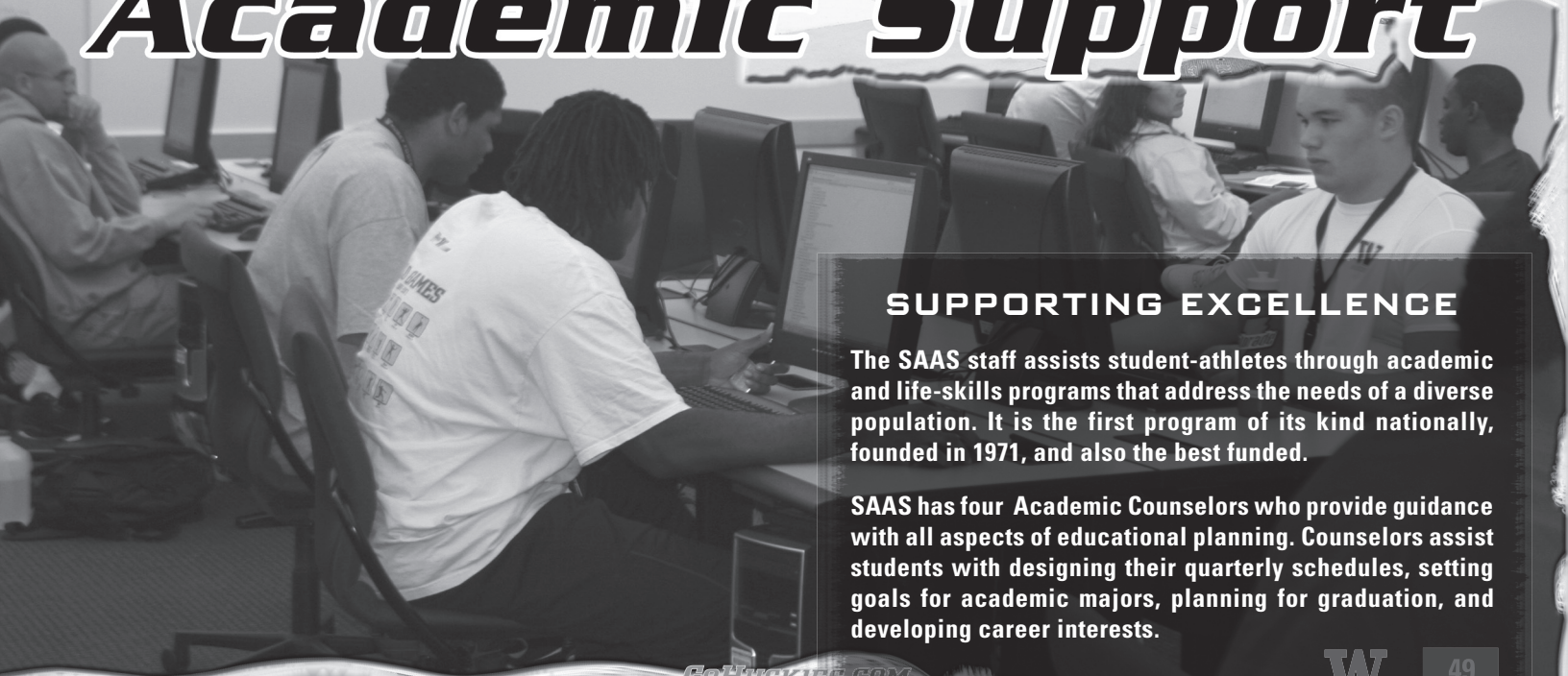


## CONIBEAR SHELLHOUSE

The Shellhouse houses the new academic center, opened in spring of 2005, featuring a state-of-the-art computer lab with free printing services, large study tables and small group tutoring spaces, a 50-person classroom, a student lounge, two wireless enabled study atriums, an athlete dining hall, and staff offices.



# ***Academic Support***



## SUPPORTING EXCELLENCE

The SAAS staff assists student-athletes through academic and life-skills programs that address the needs of a diverse population. It is the first program of its kind nationally, founded in 1971, and also the best funded.

SAAS has four Academic Counselors who provide guidance with all aspects of educational planning. Counselors assist students with designing their quarterly schedules, setting goals for academic majors, planning for graduation, and developing career interests.





## SPORTS PERFORMANCE STAFF

Back Row From L to R: Trent Greener, Jason Phillips,  
Hans Straub, Justin Lord, Matt Ludwig

Front Row From L to R: Rose Baker, Ashley Wildhaber

# *Sports*



**TAILORED TO  
FIT...(NESS)**

Year-round training programs are designed to maximize each student-athletes' performance. Programs address sport-specific strength, speed, agility and conditioning.



## STATE OF THE ART

Located inside of the Graves Annex, the Sports Performance room was upgraded and remodeled in 2007. This 11,000 square foot facility is a great asset in promoting game-readiness for student-athletes for all sports.

# Performance

## SPORTS PERFORMANCE BY THE NUMBERS

- 1 Room completely devoted to nutritional supplementation
- 1 Full-time Yoga instructor
- 8 Certified Strength and Conditioning coaches
- 12 Olympic platforms
- 12 Sets of Olympic plates
- 19 Power racks
- 19 Bench presses
- 34 Various cardiovascular pieces





## UW AT A GLANCE:

Founded November 4, 1861

Type: Public Research University

Colors: Purple & Gold

Nickname: Huskies



## UW BY THE NUMBERS:

- \$1 billion in research funding, second only to John Hopkins
  - For the past 25 years, UW has been among the Top 5 universities in America (public and private) in federal funding received annually for research and training
  - 29 fraternities & 16 sororities
  - 21 libraries - ranked 12th among university research libraries in the U.S. & Canada
  - 643 acres, 218 buildings, 8 residence halls
  - 140 majors, 90 minors, and 1,800 undergraduate courses
  - The University of Washington ranks in the top 20 in 37 different academic categories
  - UW Medical school was recently ranked #1 in the country for Primary Care and Nursing
  - 92% of freshmen return for their sophomore year
  - UW is home to the only medical school in a four-state region
  - The Academic Ranking of World Universities places UW 17th-best in the world
  - In a recent survey by Success Magazine, UW's Business school's entrepreneurship program was ranked 12th out of 25 programs, ahead of Stanford, MIT, and Harvard
- 



# ***The University of***



**Did you know...**

**University of Washington  
faculty members have  
been awarded the Nobel  
Prize?**

**6**

**UW ENROLLMENT:**

- Total enrollment: 40,218  
28,555 undergraduates  
5,338 freshmen
- 11 to 1 student-to-faculty ratio
- Average undergraduate class is 35
- Maximum class size:  
English: 22  
Foreign Language: 24
- Class profile:  
52.4% women and 47.6% men  
Minority Students: 33.8%

**Washington**



## KUKORS CONQUERS

One of UW's most accomplished swimmers in just her first season, Ariana Kukors currently holds six school records and has helped four relay teams to new UW records. A three-time All-American, finishing in the top four of three events at the NCAA Championships, Kukors was named Pac-10 Newcomer of the Year following her two Pac-10 individual titles.

## SKY-HIGH STATS

The Husky softball program has produced 34 All-Americans and has been to the NCAA tournament in all but the first of its 16 years of existence. The Huskies have advanced to the Women's College World Series seven times.

# UW Athletic

## ALL ABOUT ALLEN

Husky soccer player, Ely Allen was Pac-10 Co-Player of the Year in 2007 and a second-round MLS draft pick by the LA Galaxy.

## TRIFECTA

The Husky women's crew won the first three NCAA championships ever awarded. The UW finished second at the NCAA regatta in 2008. The Husky men's rowing team won the 2007 IRA championship and took second in 2008.

## Did you know...

# 22

**Is UW's 2007-08 ranking in The NACDA Directors' Cup, which ranks all 341 NCAA Division I programs for overall athletic excellence and achievement.**

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## VOLLEYBALL CHAMPIONS

The Washington volleyball team won the 2005 NCAA championship and appeared in the volleyball Final Four in 2004, 2005 and 2006.

# Excellence

## HOOP IT UP

The Husky basketball team reached the "Sweet Sixteen" in the NCAA tournament in two straight seasons in 2005 and 2006.

## THE FAST LANE

UW men's track and field team has finished in the top 20 at the past four NCAA Meets. At the 2008 outdoor meet, the men scored their most points since 1983. On the women's team, Katie Follett became Washington's first Pac-10 women's champion since 2004, winning the 1,500 meters. Follett was one of three Husky All-Americans in the mile. She was also a part of the 2007 women's cross country team that finished eighth in the NAAs, its highest finish ever.

## TAYLOR MADE (THE CUT)

Washington's men's golf team earned a seventh-place finish at the 2008 NCAA Championship, with Nick Taylor finishing second individually. Taylor also earned a spot to play in the 2008 U.S. Open at Torrey Pines.





## Dawg-Gone Greats: Huskies in the Pros/U.S. National Teams

Roc Alexander, NFL (Houston Texans)  
 Rich Alexis, NFL (St. Louis Rams)  
 Ely Allen, MLS (LA Galaxy)  
 Khalif Barnes, NFL (Jacksonville Jaguars)  
 Mark Brunell, NFL (Washington Redskins)  
 Mark Bruener, NFL (Houston Texans)  
 Sam Burns, U.S. National Rowing Team  
 Mike Chabala, MLS (Houston Dynamo)  
 Jaime Clark, NPF (Chicago Bandits)  
 Will Conroy, NBA (Free Agent)  
 Ernie Conwell, NFL (New Orleans Saints)  
 Marquis Cooper, NFL (Seattle Seahawks)  
 Matt Deakin, U.S. National Rowing Team  
 Dan Dickau, NBA (Los Angeles Clippers)  
 Joe Franchino, MLS (New England Revolution)  
 Tina Frimpong, U.S. National Soccer Team  
 Scott Gault, U.S. National Rowing Team  
 Dashon Goldson, NFL (San Francisco 49ers)  
 Ty Harden, MLS (LA Galaxy)  
 Spencer Hawes, NBA (Sacramento Kings)  
 Damon Huard, NFL (Kansas City Chiefs)  
 Derrick Johnson, NFL (Atlanta Falcons)  
 Bobby Jones, NBA (Miami Heat)

Robert Kendrick, ATP Tennis Pro  
 Olin Kreutz, NFL (Chicago Bears)  
 Giuseppe Lanzone, U.S. National Rowing Team  
 Kyle Larson, U.S. National Rowing Team  
 Danielle Lawrie, Canadian National Softball Team  
 Candace Lee, U.S. National Volleyball Team  
 James Lepp, Canadian Professional Golf Tour  
 Tim Lincecum, MLB (San Francisco Giants)  
 Trevor Linden, MLB (San Francisco Giants)  
 Dane Looker, NFL (St. Louis Rams)  
 Omare Lowe, NFL (Atlanta Falcons)  
 Paige Mackenzie, LPGA Tour  
 Anna Mickelson, U.S. National Rowing Team  
 Lawyer Milloy, NFL (Atlanta Falcons)  
 Aaron Myette, MLB (Chicago White Sox)  
 Brett Newlin, U.S. National Rowing Team  
 Benji Olson, NFL (Tennessee Titans)  
 Tony Parrish, NFL (Dallas Cowboys)  
 Bryan Pittman, NFL (Houston Texans)  
 Brandon Prideaux, MLS (Colorado Rapids)  
 Nate Robinson, NBA (New York Knicks)  
 Brandon Roy, NBA (Portland Trailblazers)  
 Hope Solo, U.S. National Soccer Team

Isaiah Stanback, NFL (Dallas Cowboys)  
 Jerramy Stevens, NFL (Tampa Bay Buccaneers)  
 Aretha Thurmond, Track & Field  
 (2-time U.S. Olympian)  
 Joe Toledo, NFL (Miami Dolphins)  
 Marques Tuiasosopo, NFL (Oakland Raiders)  
 Craig Waibel, MLS (Houston Dynamo)  
 C.J. Wallace, NFL (Seattle Seahawks)  
 Brad Walker, Track & Field (4-time U.S. Champion)  
 Mary Whipple, U.S. National Rowing Team  
 Sean White, MLB (Seattle Mariners)  
 Reggie Williams, NFL (Jacksonville Jaguars)